

SENIOR CARE CHECKLIST ✓

This checklist can help you identify early stages of brain aging in older patients – and help prevent aging-associated problems.

As a pet ages, there are often changes in behavior or signs of deteriorating alertness and health.

Answering some simple questions can help identify problems and focus on the right solution early. This checklist is an excellent tool to help assess an aging pet's current status. It can reveal areas of potential problems that may need immediate medical attention and/or ongoing follow-up.

Use this checklist during rechecks to monitor changes and track progress of treatment.

Senior pet screening is recommended for all patients 7 years of age and older.

Relative age of a dog or cat in "human years"

Aging in pets is not the same as in humans. Several factors, including weight, help to define your pet's age.

Pet's actual age	0-20 pounds	21-50 pounds	51-90 pounds	Over 90 pounds
1 year	7 years	7 years	7 years	-
2 years	14 years	16 years	18 years	20 years
3 years	28 years	30 years	32 years	34 years
4 years	32 years	34 years	36 years	38 years
5 years	36 years	37 years	40 years	42 years
6 years	40 years	42 years	45 years	49 years
7 years	44 years	47 years	50 years	56 years
8 years	48 years	51 years	55 years	64 years
9 years	52 years	56 years	61 years	71 years
10 years	56 years	60 years	66 years	78 years
11 years	60 years	65 years	72 years	86 years
12 years	64 years	69 years	77 years	96 years
13 years	68 years	74 years	82 years	101 years
14 years	72 years	78 years	88 years	108 years
15 years	76 years	83 years	93 years	115 years
16 years	80 years	87 years	99 years	123 years
17 years	84 years	92 years	104 years	-
18 years	88 years	96 years	109 years	-
19 years	92 years	101 years	115 years	-
20 years	96 years	105 years	120 years	-

General information

Client's name _____

Pet's name _____

Breed _____

Age (in actual years) _____ Weight _____ Sex F M (circle)

Is the pet currently taking any medications (e.g., heartworm preventative, flea treatment), supplements or special diets? If so, please list below:

Continued on back



Remember to schedule a follow-up examination for your senior pet in 6 months.

The American Animal Hospital Association (AAHA) recommends wellness check-ups twice a year for senior pets.



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